



*Art of
Healing
2021*



Lexington Medical Center
LexMed.com

the Columbia
Museum of **ART**

Thank You

to the Lexington County art teachers for participating
in the 2021 Art of Healing competition.

Allan Anderson	Morgan Poole
Candace Cannon	Joy Pouncey
Jaime Chason	Jane Rangel
Cristel Collins	Catherine Smylie
Scott Hoffman	Chris Stafford
Jospeh King	Carly Templeton
Sara McGregor	Nicole Tese-Gladden
Stephanie Mower	David West
Carlee Myers	Audra Yesnach
Kevin Petit	

2021 ART OF HEALING JUDGES

Steven Ford

Owner, *Steven Ford Interiors*

Steven graduated from the University of South Carolina with degrees in psychology and art studio and design. He has more than 35 years of design experience, starting his career in 1985 and establishing Steven Ford Interiors in 1992. He has served on the board of directors for Columbia Green, McKissick Museum and the Columbia Museum of Art. He has also served as gala chair, co-chair and honorary chair for the Columbia Museum of Art. In addition, Steven has been a supporter of Saluda Shoals Park, the Columbia Classical Ballet, the Lexington Medical Center Foundation Women's Night Out and the McDaniel's Golf Classic and Gala. He believes in giving back to the community where he grew up as a way to show his appreciation for all it has given him.

Jane Przybysz

Executive Director, McKissick Museum, University of South Carolina

Jane has served as McKissick Museum's executive director since 2011. In 2015, she curated a national juried exhibition titled *Crafting Civil (War) Conversations* to commemorate the 150th anniversary of the end of the Civil War and to foster public dialog about race and reconciliation in the region. Thanks to a Fulbright Research Fellowship in 2015, she investigated post-World War II efforts to revive folk arts and build a national arts industry in Poland. In addition to her interest in using textiles to understand the history of women and performance, Jane is engaged with emerging craft theory and the strategies contemporary artists devise to address social justice issues within the framework of community-based cultural performances.

Isolation

Title of Art

Ashlyn Bouknight

Artist

Plexiglass, clay

Media

Carly Templeton

Teacher

Chapin High School

My sculpture's name is *Isolation*, and it is about trying to show the effects of quarantine and how isolation affects people. Some can be alone and isolated from human interaction, which can play into depression. But quarantining with multiple people can also cause tension. My parents got divorced in June during the quarantine. I'm sure other people can relate to the tension in their own household due to COVID-19.





Serenity Prayer

Title of Art

Conley Grace Pingree

Artist

Photography

Media

Joy Pouncey

Teacher

Chapin High School

Addictions

Title of Art

Will Porter

Artist

Ink

Media

Jane Rangel

Teacher

Chapin High School

An important aspect of healing is one's ability to come back from whatever struggle he or she may be facing and use that experience to become stronger physically and emotionally. As shown in the illustration, struggles, such as addictions, can send people down a dark path. Yet, people still find ways to recover from these difficulties — whether it's with the help of others or through the strength of their own willpower.





Throughout history, Americans have turned to religion to deal with change. 2020 was a year full of change, especially with a pandemic raging across the country. Being stuck at home and restricted from seeing family members led a lot of people to spend extended periods of time alone, and it's emotionally draining for most of them. Religion, Christianity in this case, helped millions of people heal from the strain forced on them that year, as well as helped them cope with all the lives lost since the beginning of the pandemic.

The Savior

Title of Art

Kai Williams

Artist

Digital Photography

Media

Nicole Tese-Gladden

Teacher

Dutch Fork High School

Tears of Joy

Title of Art

Avery Young

Artist

Acrylic Paint

Media

Jaime Chason

Teacher

Dutch Fork High School

The past nine months have been nothing short of chaotic. We suffered through losses, saw the unimaginable – all while we continued the walk of life. One day, we can look back on these strange times, share a laugh and see our loved ones again. This piece depicts the suffering and emotional hardships that the world has faced, but it also provides comic relief. The initial tears that represent melancholy and despair evolve into bubbles, a symbol of child-like joy. The transition conveys the beginning of healing, taking the first step into normalcy.





This piece conveys my struggles with social issues that became more prominent during quarantine, specifically the struggles and hardships that African Americans experience in the U.S. The heavy brushstrokes conceal my identity and represent the hard realities of racism. The colors address the hurtful effects of discrimination, while portraying hope and equality. Violet represents pride, wisdom and power, which the Black Lives Matter movement fosters for those who have been oppressed. *Empowerment* acknowledges the lost and broken lives from racial prejudice and represents newfound empowerment and justice for the future.

Empowerment

Title of Art

Shynasia Rice

Artist

Mixed Media

Media

Catherine Smylie

Teacher

Irmo High School

The Shadow to Our Mental Health

Title of Art

Alaska Anna Ziegler

Artist

Color Pencil

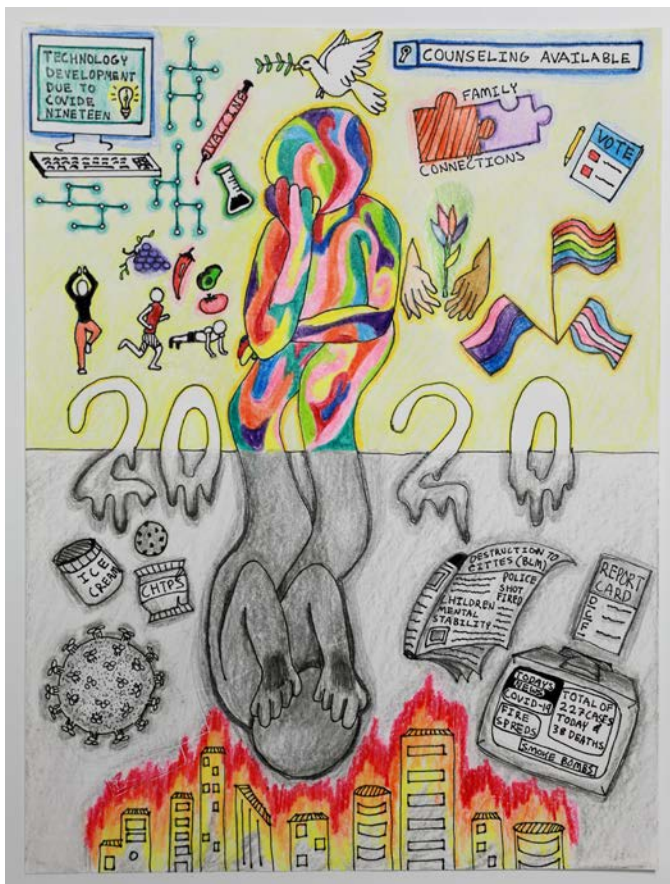
Media

Kevin Petit

Teacher

Irmo High School

Every person has a mental “shadow.” This shadow is the side of your personality that contains all the parts of yourself that you want to hide from the world. The coronavirus pandemic has been associated with mental health challenges, creating new worries that add to our shadows. It is only through self-awareness that we can recognize our shadows and understand that we need them to see the good in our lives.





During COVID-19, there are a lot emotions: fear; anger; and sadness. Many of these emotions are brought on by the stress and fear of coronavirus itself. You have so many emotions flowing through you, and it makes you feel as if you are going to crack. Finally, when you do crack, coronavirus spreads through the cracks like a plague. It is not only a physical pandemic, but a pandemic of your emotions, too.

Fractured

Title of Art

Timothy Harmon

Artist

Alcohol Markers

Media

Allan Anderson

Teacher

Lexington High School

Covid's Kiss

Title of Art

Claire Holbrook

Artist

Acrylic

Media

Candace Cannon

Teacher

Lexington High School

This piece reflects the effects of COVID-19 on love and romance as masks prevent and embrace a married couple. The masks represent the distance and space between people because of COVID-19. Physical touch is a crucial part of relationships, and the pandemic has taken away the ability to show affection. COVID-19 changed the way we love one another but, as human beings, we will always find a way to love.





My piece centers around my struggle with insomnia due to online learning. I tried to convey exhaustion and feelings drained with graphite pencils. The reflection on the computer screen in the glasses solidifies the idea of staying up late on the laptop to complete assignments. I also used a white pen to intensify the glare of the screen on the wall and emphasize the person. The hand pulling on the face exaggerates how badly the person needs sleep.

The Struggles of Online School

Title of Art

Sophia Spence

Artist

Graphite

Media

Jospeh King

Teacher

Lexington High School

The Slow Growth Towards Normality

Title of Art

Molly Wilson

Artist

Mixed Media

Media

Morgan Poole

Teacher

Lexington High School

In *The Slow Growth Towards Normality*, the hand and greenery express the slow growth coming from such a hard time in our country. We have all been affected by this virus, regardless of whether we have contracted it ourselves. I specifically chose moss because it grows in dark places and does so very slowly. I think this rebirth period is bringing us the opportunity to grow. I left the hand bare at the bottom, but the fingers are a fleshy color to show the reemergence of life.





Coronavirus gave me the opportunity to show how much teenagers' lives have changed this year. These two girls are willing to sacrifice their health and their families' health to do what they love. A year ago, they would never have imagined how different it would feel to dance together. These girls are sacrificing so much of their lives to continue living their dreams. This photo shows just how much their identities have changed in the past year.

One Mask Away

Title of Art

Joey Britt

Artist

Photography

Media

Chris Stafford

Teacher

River Bluff High School

Looking for the Light

Title of Art

Alexis Deason

Artist

Photography

Media

Carlee Myers

Teacher

River Bluff High School

2020 brought us unprecedented times. We've all experienced different emotions during this time of uncertainty. I took this photograph while my family was quarantined after I tested positive for COVID-19. It defines how my family and I felt trapped, fearful of what would happen to us. It shows the dreadfulness of fighting COVID-19 and being isolated from the world. Most importantly, it shows unity as my parents hold one another. We stood side by side to fight COVID-19, and we won.





During isolation, I built a box for myself that was made out of work and habits, and it gave me somewhere safe to hide from the darkness around me. It was my sanctuary but, as the summer went on, it became my prison. I trapped myself in distractions and couldn't spend time with those who needed me. In my blindness, I tore myself apart. I desperately tried to put myself back together, but it was too late. The darkness found its way in, and I found myself unraveling.

Patchwork

Title of Art

Elena Funderburk

Artist

Digital

Media

Audra Yesnach

Teacher

River Bluff High School

A Familiar Comfort

Title of Art

Jaden Hylton

Artist

Colored Pencil/Watercolor

Media

Sara McGregor

Teacher

River Bluff High School

My piece represents people comforting one another during a time when they had to stay away from their loved ones to keep them safe. It represents the warmth and closeness of familial bonds and how sticking together during this time of uncertainty can bring us closer. It can also make us more aware of how much our family really means to us. Their colors blend together to show intimacy with the ones closest to our hearts.





False hope is in our unconscious. It's like a hidden virus, occurring when we are let down after believing what we want to hear. When our president assured us that "the virus would disappear," I was hopeful. Unexpectedly, a continuation of events would arise, exacerbated by the high tensions of the pandemic. Left feeling hopeless, I realized that art was my way to process the events of this year and an outlet for me to inspire others.

False Hope

Title of Art

Olivia Kass

Artist

Oil Paint

Media

Stephanie Mower

Teacher

River Bluff High School

Helianthus

Title of Art

Lily Piercey

Artist

Digital

Media

Scott Hoffman

Teacher

Spring Hill High School

During quarantine, someone incredible came back into my life. While I managed to better myself and reached a stable place during those eight months at home, I never truly felt whole without her there. When she reached out, it was as if everything began to mend itself. After spending so long enveloped by uncertainty, she brought me back. She reminded me that sunflowers grow facing the sun. They look for warmth and light and thrive in it, and it's this thought that helped me heal.





Mizpah illustrates the struggle in maintaining relationships through COVID-19. It is defined as a deep emotional bond between people, especially those separated by distance or death. I thought the word did a wonderful job summarizing the painting because it shows a girl hugging another person, and the other person is blue. I wanted it to represent a ghost or some sort of hologram. Fortunately, I have not been directly affected by death, but I have felt loss through my friends.

Mizpah

Title of Art

Reagan Taylor

Artist

Oil Paint

Media

Cristel Collins

Teacher

Spring Hill High School

A Reformatory Generation

Title of Art

Ruby Shaw

Artist

Paint

Media

David West

Teacher

White Knoll High School

This piece represents my response to an unjust, polarized society and the need to stand for diversity and justice. Younger generations are fighting to heal from the wrongdoings of our country's founders. During COVID-19, protests against police brutality and the U.S. justice systems took place, inspiring people to invoke change in creative ways due to quarantine. COVID-19 has affected everyone's lives and continues to do so, but it also started an important conversation, allowing people to speak about our unjust society.



